



Co-funded by the  
European Union

# NEWSLETTER #4

## “Improving GBV victims support services and the access to justice through Trauma-informed Care – Care4Trauma”

The 4<sup>th</sup> newsletter for the EU project Care4Trauma gives an overview of recently completed activities, such as the compiling of national *Policy recommendations reports*, the Training of Trainers workshops that took place in Bologna and the last Steering Committee meeting which was held in Barcelona. The newsletter also includes information about upcoming activities, namely the National Trainings and the Advocacy Meetings and Advocacy Meetings Report.

### POLICY RECOMMENDATIONS

Based on the findings of national research and through exchanges during consultation workshops with representatives of other non-governmental women's organizations that provide support to women survivors of violence, all partner organizations created a document containing [recommendations for decision-makers](#), of which we highlight:

- Mandatory education about trauma as a consequence of violence and the provision of care based on knowledge about trauma;
- Necessary education at all levels of health and social care, the police and the judiciary
- Improvement of the quality of services for women who have experienced violence, basing them on the principles of TIC;
- Ensure that the experts in the working groups have both technical and practical knowledge of care based on trauma knowledge;
- Introduce mandatory training on secondary trauma and how to overcome it;



@care4trauma

#care4trauma

November 2023



@care4trauma

- Ensure regular and adequate support for women's civil society organizations that provide shelter services for women, counseling and other services to women who have experienced violence, which are based on the principles of TIC;
- Ensure multi-sectoral cooperation between stakeholders in the judiciary and women's shelters and counseling centers;
- Ensure regular monitoring based on TIC principles for all employees who work with trauma victims.

By the end of January 2024, Advocacy Meetings with decision makers will be held in all partner countries, where the implementation of these recommendations will be presented and advocated.

## TRAINING OF TRAINERS - BOLOGNA

The Training of Trainers (ToT) for social workers were held from the 5<sup>th</sup> to the 9<sup>th</sup> of June, while the ToT for psychologist were held from the 12<sup>th</sup> to the 16<sup>th</sup> of June, in Bologna. The trainings consisted of a 5-day interactive and immersive workshop program regarding essential concepts and practices of TIC implementation across different workplace settings.



ToT for social workers, 5<sup>th</sup>-9<sup>th</sup> June, Bologna, Italy

The main goal of the training was to encourage practitioners to be mindful and critical of their standard practices and of their knowledge transfer styles as trainers. The training was therefore intended to increase awareness among workers of the effects of trauma on women victims of violence and their children and to promote the dissemination of the approach in their workplaces. Furthermore, the course aimed to motivate trainers to find a means of embedding TIC effectively into their training initiatives with a special attention to the organizational cultures they belong to.



ToT for psychologists, 12<sup>th</sup>-16<sup>th</sup> June, Bologna, Italy

The participants of ToT will be the ones leading the upcoming National Trainings thanks to having acquired the following learning outcomes:

- Awareness of trauma concepts to be presented in a training programme;
- Knowledge of the relevant principles of TIC and implementation issues;
- Resistance to change as expressed during trainings;
- Awareness of a common language when training different professional groups.

## 5<sup>th</sup> STEERING COMMITTEE MEETING BARCELONA, 8<sup>TH</sup> of NOVEMBER 2023

The 5th Steering Committee meeting was hosted by the [Welfare and Development Association \(ABD\)](#) and it was held in Barcelona on the 8<sup>th</sup> of November.

All Partners were present with at least one representative. Since the meeting was held in hybrid form, some of the participants joined via Zoom.



During the meeting the representatives of each partner organization discussed the following points:

1. State of Art of Project Implementation
  - a. Recap of Training Programme Planning
  - b. M&E of Training Programmes
  - c. Advocacy Meetings
  - d. Newsletter
  - e. EU Survey
2. Financial Matters
3. Other matters

Financial matters and the planning of National Trainings were points on the agenda which were dedicated particular attention. It was also mentioned that all partner organizations are beginning to plan Advocacy Meetings with national policy and decision makers and executives.

It was decided that the next meeting will be held in person in Heraklion, Greece on the 28<sup>th</sup> of May 2024.

## UPCOMING ACTIVITIES

### National Trainings

The participants of the previous ToT activities will organize and lead in person National Trainings in their own respective countries according to the following plan:

Croatia	February – March 2024
Estonia	February – April 2024
Greece	March – April 2024
Italy	January – June 2024
Spain	March – June 2024

### Advocacy Meetings & Meetings Report

The Advocacy Meetings with policy and decision makers and executives and key personnel of social services during which we will be presenting the benefits of the TIC approach and discussing its implementation or strengthening, using the above-mentioned *Policy recommendations report* as proof of the necessity for and importance of such approach.

The Advocacy Meetings are to be held by the end of January 2024 in the form of half-day meetings:

- 1 meeting in Croatia
- 1 meeting in Estonia
- 9 meetings in Greece
- 2 meetings in Italy
- 2 meetings in Spain

The Advocacy Meetings Report will be available in February 2024.



Co-funded by the  
European Union



**WSIC**

*There is a way  
out of violence!*



**SISST**

Società Italiana  
per lo Studio  
dello  
Stress Traumatico



autonomous  
women's  
house  
zagreb



GROUP

**ABD**

Welfare and  
Development  
Association